

REFERRALS

New Perspectives Crisis Services are available to any resident of Carbon, Monroe or Pike counties who is experiencing an acute problem of disturbed thought, behavior, mood or social relationship.

Reasons for Referral:

- ♦ Thought Disorders
- ♦ Mood Disorders
- ♦ Suicidal Thoughts
- ♦ Anxiety
- ♦ Depression
- ♦ Relationship Problems

Referrals can be made by calling:

Crisis Intervention
(800) 849-1868

Or via

Carbon County MH/DS
428 N. 7th St.
Lehigh, PA 18235
(610) 377-0773
Monroe County MH/DS
730 A Phillips St.
Stroudsburg, PA 18360
(570) 421-2901
Pike County MH/DS
10 Buist Road
Milford, PA 18337
(570) 296-6484

New Perspectives Core Values

We believe that consumers are best served in the least restrictive setting.

We provide an open environment where people feel safe.

We focus on maximizing consumer and support system strengths.

We encourage participation in all aspects of the treatment process.

We believe that each consumer is worthy of trust.

We place emphasis on honest communication.

We commit to provide state-of-the-art, cost effective services which generate positive outcomes for people in crisis.

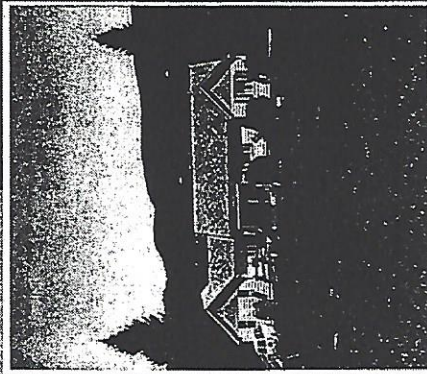
We respect the dignity and worth of each individual.

All services are provided without regard to race, color, religious creed, handicap, ancestry, national origin, age or gender.

Our role in the recovery process is to help people grow and transition as smoothly as possible from one stage to the next.



New Perspectives
A Division of Resources for Human Development, Inc.
www.newperspectives-rhd.org



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Crisis Residential

Program

140 Neyhart Rd.

Stroudsburg, PA 18360

(570) 992-7590

FAX

(570) 992-2487

Community Crisis Program

24 hour Telephone

Crisis Hotline

Mobile Crisis

Intervention

Medical Mobile Crisis

Via MHDS or

(570) 992-0879

Long Distance

(800) 849-1868

The Crisis Residence New Perspectives Crisis Residence provides short-term residential treatment services for up to 8 individuals who are in crisis. We offer a safe, secure environment for people who need to get away from a stressful environment, need a place to stabilize until other arrangements can be made or need short term acute psychiatric treatment. At least two trained professionals are on duty at all times. These professionals assist consumers in resolving their immediate crises, mobilizing support systems in the community, assessing needs and learning coping skills needed to support their recovery. The staff consists of experienced bachelor's and master's level professionals, nurses, psychiatrists and licensed social workers. Our services include:

- ♦ Crisis Intervention and Resolution
- ♦ Medical Screening
- ♦ Psychiatric Assessment and Treatment
- ♦ Medication Monitoring
- ♦ Therapeutic Recreational Activities
- ♦ Group, Individual and Family Counseling
- ♦ Case Management and Linkage

Telephone Crisis New Perspectives Crisis Telephone Service provides telephone crisis intervention service for any individual in crisis in Carbon/ Monroe/Pike counties. The Telephone Service is a hotline, manned by a trained professional. Individuals can receive support, information, and referral services

24 hours a day 7 days a week. Our services include:

- ♦ Support
- ♦ Safety Checks
- ♦ Follow up Calls
- ♦ Information and Referral
- ♦ Telephone Assessments

Mobile Crisis New Perspectives Mobile Crisis Team provides the services of two counselors available to visit with consumers in crisis who live in Carbon /Monroe/ Pike counties. The team provides face-to-face support, assessment and linkage to additional supports in the community. Hours of operation for the team are from 11 AM to 11 PM on weekdays and 11 AM to 4 PM on Saturdays. Emergency assessments are available 24 hours a day.

Mobile Crisis services include:

- ♦ Crisis Resolution
- ♦ On Site Counseling
- ♦ Linkage Services
- ♦ Support
- ♦ Assessment
- ♦ Information and Referral

Medical Mobile Crisis New Perspectives Medical Mobile Crisis Service provides the services of a Nurse and a Mental Health Professional who visit with consumers in crisis when there are issues related to psychiatric medi-

cations present. A psychiatrist is available for consultation to the team via telephone. Services include assessment, medication administration, psychiatric consultation and referral services to a treating psychiatrist.

New Perspectives Strives to Provide:

- **Stabilization** of the crisis
- **Assessment** of strengths and needs
- **Linkage** with needed services
- **Teaching** about medications, coping skills and mental health
- **Safety Plan** Recognizing and avoiding future crises.

New Perspectives

A Division of Resources for Human Development, Inc.

These programs are partially funded by Carbon/Monroe/Pike MHD/DS, Community Care Behavioral Health and licensed by the Commonwealth of Pennsylvania and Department of Public Welfare.